**Real Talk**

**Boys**

1. Please be respectful of our girls. Refrain from hanging on the girls…watch those hands. This goes for any girls that you might meet while on the trip.
2. Please keep an eye out for our girls. Do not let them walk without a male at night. Come to their rescue if someone is harassing them.
3. Help out with luggage when necessary (bus and carousel).\*
4. Do not hang out in girl’s room, and vice versa. Find a common area to hang out.\*
5. Quick reminder about the no-alcohol policy. \*
6. Language. Please watch your language, especially in mixed company—this also means sexual innuendos/references.\*
7. Sharing a bed. There will be times when you probably have to share a bed. Here are a few strategies:
   1. One over, one under
   2. Pillow barrier
   3. Roll up a blanket and put between the two of you
   4. Head and feet at opposite ends
   5. Two sleeping bags
8. Food. The boys are always hungry. Bring extra money, and buy junk food every chance that you get. If we stop at a gas station, buy something even if you are not hungry…you will be in an hour. Try to buy food to take back to the hotel in the evenings. We usually eat dinner about 6:00pm, and you will be hungry before bed.
9. Explain “pairs ‘n’ squares”

**Girls**

1. I will be your chaperone!
2. Please be careful about PDA. Don’t hang all over the boys, or a boy that you might meet while on tour. Not saying this to be mean, just that it makes everyone else uncomfortable…and it can become tacky.
3. Do not hang out in the boy’s room, and vice versa. Find a common area to hang out (hotel lobby, hallway, etc).
4. Quick reminder about the no-alcohol policy. If you see or hear of it, let me know. Better to take care of it early on, before there is a real issue.
5. Always travel in with an adult at free time.
6. Plan ahead for the trip, and any “personal needs.” It’s just easier if you have your own.
7. Drama…hoping that it doesn’t happen, but if it does—let’s take care of it ASAP. Let me know if I can help.
8. Explain “pairs ‘n’ squares.”

**Adults**

1. Please try to keep a positive attitude when around the kids…they really do pick-up on negativity.
   1. There will be several “unplanned” things that go wrong.
   2. Sometimes student travel doesn’t match our vacation expectations
   3. Two stories (last summer, CR bus)
2. We will do lots of walking, so be prepared. Start a walking regiment now.
3. Alcohol. Please do not consume alcohol, especially around the students. In no circumstance should you provide alcohol to any student at any time.
4. Please be on time. Historically, it is the adults who are always late.
5. There might be a few instances when I ask for your help with the students. Most likely on a “free day.”
6. Explain “pairs ‘n’ squares.”